



Delon Frederick

📍 Woodbridge, Canada L4H 1P7 📞 (647) 500-4683

✉️ delonstpeter@gmail.com

PROFESSIONAL SUMMARY

Dependable and motivated, bringing strong work ethic and attention to detail to every project. Familiar with fundamental construction principles and adept with essential tools and techniques, including measuring and cutting materials. Focused on delivering high-quality results that enhance structural integrity and project efficiency.

SKILLS

- Problem-solving
- Attention to detail
- Framing construction
- Worksite safety

WORK HISTORY

CARPENTER

09/2023 to CURRENT

V&V Construction Inc. | Woodbridge

- Construct, install, maintain and repair structures
- Follow/read blueprints and building plans
- Measure, cut and shape wood, plastic other materials
- Construct, install building framework, walls, floors, doorframes, tiles
- Measure, cut and fit drywall sheets for insulation
- Fill joints, holes and cracks
- Apply and secure insulation using spraying, taping
- Read and interpreted blueprints to follow specifications of projects.

CUSTOM CABINET MAKER

05/2022 to 08/2023

Elizabeth Ashley Fine Woodworking | Concord

- Building and repairing custom or production type cabinets
- Installing cabinets
- Operating advanced 3D woodworking machinery
- Reading blueprints, drawings and sketches
- Repairing wooden cabinets
- CNC operating
- Collaborated with clients on design specifications, incorporating their needs and desires into the final product.
- Installed hardware such as drawer pulls, hinges, and handles.
- Measured and cut materials to specified dimensions to achieve precise fit.

HVAC HELPER

11/2019 to 04/2022

Sareena Heating & Cooling Inc. | Woodbridge

- Assisting with the installation of HVAC systems on commercial and

residential properties

- Installing, maintaining, and repairing roof units for heating and air conditioning as well as the units inside residential and commercial buildings
- Operating a variety of hand and power tools needed for HVAC installation
- Cleaning and replacing air ducts
- Following instructions for picking up and delivering parts, tools, materials, and supplies to and from the job site
- Ensuring all tools, materials, and equipment are in good working order
- Completing preventative maintenance on HVAC systems and the associated equipment
- Maintaining, troubleshooting, repairing, and replacing plumbing and electrical systems
- Coordinating with team members to provide excellent customer service
- Ensuring all HVAC systems remain compliant with industry standards and regulations

EDUCATION

High school Diploma

St. Mark's Catholic Secondary School

REFERENCES

References Available Upon Request